

# Shepparton East PS - Orders on Friday

Lunch Order Day is every Friday – Collected at 9am

Term 2 - 2023

# T2 LUNCH MENU

THIS MENU HAS BEEN DEVELOPED TO MEET THE NATIONAL AND STATE HEALTHY SCHOOLS CANTEEN GUIDELINES

PLEASE USE THE SCHOOLS LARGE LUNCH BAGS SO, EVERYTHING FITS IN. ONLY AVAILABLE FROM THE SCHOOL OFFICE.

PLEASE TAKE YOUR LUNCH ORDER BAG TO THE OFFICE, IF YOU HAVE ANY PROBLEMS ON THE DAY YOU ORDER

**SORRY, NO VARIATIONS TO PACKS or Specials**

ON OCCASSIONS SUBSTITUTES WILL BE GIVEN IF SOME PRODUCTS ARE SOLD OUT.

**Mini Dimmy Pack \$3.90**  
5 Baked Mini Dim Sims (with Soy Sauce)

**FRIDAY PIE DAY**  
 **BEEF PIE, sauce & Chocolate Milk**  
**\$6.50**

**SMART FOOD**

|  |        |
|--|--------|
| SALAD Wrap or Roll                       | \$4.00 |
| CHEESE & VEGEMITE Wrap or Roll           | \$3.90 |
| CHICKEN & SALAD Wrap or Roll             | \$4.40 |
| HAM & SALAD Wrap or Roll                 | \$4.40 |
| Chicken & Cheese Wrap or roll (No Salad) | \$4.50 |
| HAM & Cheese Wrap or Roll (No Salad)     | \$4.50 |

**SIMPLE SIMON SANDWICHES**

|                                       |        |
|---------------------------------------|--------|
| Special Sandwich Shapes with vegemite | \$3.70 |
|---------------------------------------|--------|

**EXTRAS**

|        |        |
|--------|--------|
| Cheese | \$0.40 |
| Sauce  | \$0.40 |

**\$7.60 The Famous Super Pack**  
2 Sausage Rolls, + Sauce, + Hedgehog or Jelly or Popcorn or Mini Muffin  
Apple Juice, or Orange Juice or Plain Water or Chocolate or Strawberry Milk.  
**\$6.60 Small Super Pack**  
Same as Above but Contains 1 x Sausage Roll.

**Pasta bake with homemade sauce and cheese. \$3.90**

**HOT FOOD**

|                                      |        |
|--------------------------------------|--------|
| Sausage Roll x 1 (with sauce)        | \$2.90 |
| Sausage Rolls x 2 (with sauce)       | \$4.90 |
| Mini Sweet Potato & Spinach Tart (V) | \$3.00 |
| Spinach & Cheese Pastry Roll         | \$3.90 |
| Egg & Bacon Pie                      | \$4.50 |

**PIES**

|                  |        |
|------------------|--------|
| Beef PIE         | \$4.70 |
| Super Potato PIE | \$4.90 |

**BURGERS \$4.50**  
Cheeseburger - Burger, Lettuce, Cheese, Sauce.  
Hashbrown Burger - Hashbrown, Salad, Sauce.

**Warm Chicken Tender Wrap \$4.50**  
Oven Baked Tender w/ Lettuce, Mayo & Cheese

**Little Treats**

|                                    |        |
|------------------------------------|--------|
| Popcorn - Original                 | \$1.90 |
| Popcorn - Sweet & Salty            | \$1.90 |
| Mini Choc Muffin                   | \$1.90 |
| Vanilla Yoyo                       | \$1.90 |
| Rainbow Jelly with Fruit (GF & DF) | \$2.30 |
| Chocolate Hedgehog                 | \$2.30 |


**ALL Sorts of Drinks (all GF)**

|                                       |        |
|---------------------------------------|--------|
| Plain Bottled Water -                 | \$1.80 |
| Plain Milk -                          | \$1.90 |
| 100% Apple Juice (A/J)                | \$2.00 |
| 100% Orange Juice (O/J)               | \$2.00 |
| Chocolate Milk                        | \$2.40 |
| Strawberry Milk                       | \$2.40 |
| Cool ridge Berry Spring Water (500ml) | \$3.60 |

**Family Discount for 3 Children**  
Place a family order for 3 Children together & get the **lowest price** lunch order ½ price.  
NOT available with Pies or any other specials.  
**ORDERS MUST BE TOGETHER TO RECEIVE DISCOUNT**

**GLUTEN FREE OPTIONS**

|                               |        |
|-------------------------------|--------|
| GF Sausage Roll with sauce    | \$4.30 |
| GF Pasta Bake (Vegetarian)    | \$4.30 |
| GF Beef Pie                   | \$5.60 |
| GF Popcorn                    | \$1.80 |
| GF Messy Monkeys Burger Rings | \$2.00 |
| GF Rainbow Jelly              | \$2.30 |
| Gf Yoyo                       | \$2.30 |

**Birthday Surprise**  
 If it's your Birthday **in the week** you order **LUNCH**, Let us Know by writing **"It's My Birthday" with your BIRTH DATE on your bag in RED PEN.**  
We will treat you with a small surprise.