



Wednesday 19th October 2022

## 2022 DATES TO REMEMBER

### October

- Mon 24th Cultural Performance - All Students
- Wed 26th 2023 GSSC Yr 6 Transition 12-1.30pm  
Wildlife Victoria - Out of Uniform Day
- Fri 28th SEPS Colour Run
- Mon 31st Report Writing Day - No Students required at School.

### November

- Tues 1st Melbourne Cup Day - Public Holiday
- Wed 2 - 4 Yr 4 Howqua Camp
- Mon 7 - 11 Yr 5/6 Swimming 10am - 11.30am
- Wed 9th 2023 Prep Transition Session 3
- Mon 14 - 18 Yr Prep - 1 Swimming 1.15pm - 2.45pm
- Wed 16 - 18 Yr 2/3 Billabong Ranch Camp
- Mon 21 - 25 Yr 2 - 4 Swimming 10am - 12.15pm
- Wed 30 - 2 Yr 5/6 Camp - Alexandra

### December

- Wed 7th Arts Activity Day
- Tue 13th Orientation Day  
2023 Prep Transition Session 4
- Thu 15th SEPS School Concert
- Tue 20th End of Term 4 - 1pm finish

### **DIRECT BANK DEPOSIT**

Account Name: Shepparton East Primary School  
BSB: 063—527 Account number: 00907665

Please ensure you include family name and payment description as reference.

### **FORMS CURRENTLY DUE BACK**

- Chaplaincy Program Consent - all students
- Prep School Nursing Program forms - **overdue.**
- Yr 4 Camp Howqua - **Payment and Permission due 21/10/2022**
- Cultural Performance Didjeribone All students - **Permission and payment due 21/10/2022**
- Yr 2/3 Camp - Billabong - **Permission and Payment due 4/11/2022**
- Yr 5/6 Camp Alexandra - **Payment and Permission due 4/11/2022**

## **LUNCH ORDERS WILL BE AVAILABLE THIS WEEK**

The Term 4 menu was sent home to all families last week. It has also been sent out via Compass. A copy is also on page of this week's newsletter for those that don't have access.

Lunch order bags are available at the office for \$2.50 a bundle. Supermarket size are too small and will not be accepted.

## From the Principal's Desk

Dear Parents,

During the past few days, many of our families have been affected by the recent floods in one way or another, whether it be themselves, family, friends or neighbours. Please remember to contact either myself, Stacey or Mark if there is anything the we could do to assist. It has been wonderful to see quite a few of our Prep—Year three students return today and hopefully we can increase our numbers over the coming days.



### Lunch Orders

Lunch orders will be available this Friday for all students attending school.

### 2023 Prep Transition #2

Unfortunately we had to postpone today's 2023 Prep due to current flood situation. The new date will be scheduled shortly.

### Cultural Performance—Didjeribone

The whole school have been invited to attend the "Didjeribone" Cultural Performance to be held here at school on Monday 24th October. Cost is \$5.50 per student.

Please ensure permission (via Compass) and payment (via the office or direct deposit) is finalised by this Friday 21st October to enable your child to attend.

### Colour Run

The Colour Run will be held on Friday 28th October. Sponsor sheets were sent out last week.

### Report Writing Day

Monday 31st October (the day before Melbourne Cup Day) is the date approved by School Council as Report Writing Day. Students are not required to attend on this day. TheirCare will be running an all day OSHC program. Please make all bookings via TheirCare.

### Year 4 Camp Howqua

Our Year 4 students will head off to Camp Howqua on Wednesday 2nd November until Friday 4th November. Please ensure permission and payment is finalised by Friday 21st October.

### Swimming Program

Monday 7th<sup>h</sup> Nov - Friday 11th November

10 – 10:45 (5/6C & 5/6Ja)                      10:45 – 11:30 (5/6W & 5/6Jb)

Monday 14th<sup>t</sup> Nov—Friday 18th November

1:15 – 2 (P/1L & P/1Ha)                      2 – 2:45 (P/1G & P/1Hb)

Monday 21st<sup>st</sup> Nov - Friday 25th November

10 – 10:45 (2/3M)                      10:45 – 11:30 (2/3B & 2/3A)                      11:30 – 12:15 ( 4S & 4F)

### Yr 2/3 Billabong Ranch Camp

Our Year 2/3 students will attend Billabong Ranch Camp in Educa on Wednesday 16th November to Friday 18th November. Please ensure permission and payment is finalised by Friday 4th November.

### Yr 5/6 Alexandra Camp

Our Year 5/6 students have been lucky enough to be invited to attend the Alexandra Camp from Wednesday 30th November to Friday 2nd December. Please ensure permission and payment is finalised by Friday 4th November.

### Wildlife Victoria

JSC are organising an out of uniform day on Wednesday 26th October. Cost is a gold coin donation for being out of uniform with all funds raised going to Wildlife Victoria.

Les Walsh  
**Principal**

Shepparton East PS - Orders every Friday.

Term 4 - 2022

# T4 LUNCH MENU

THIS MENU HAS BEEN DEVELOPED TO MEET THE NATIONAL AND STATE HEALTHY SCHOOLS CANTEEN GUIDELINES

PLEASE USE THE SCHOOLS LARGE LUNCH BAGS SO, EVERYTHING FITS IN. ONLY AVAILABLE FROM THE SCHOOL OFFICE.

SORRY, NO VARIATIONS TO PACKS or Specials

ON OCCASSIONS SUBSTITUTES WILL BE GIVEN IF SOME PRODUCTS ARE SOLD OUT.

PLEASE TAKE YOUR LUNCH ORDER BAG TO THE OFFICE, IF YOU HAVE ANY PROBLEMS ON THE DAY YOU ORDER

## \$5.00 LUNCH DEAL PASTA & POPCORN

## FRIDAY PIE DAY



BEEF PIE, sauce & Chocolate Milk

**\$6.50**

### SMART FOOD

SALAD Wrap or Roll	\$4.00
CHEESE & VEGEMITE Wrap or Roll	\$3.90
CHICKEN & SALAD Wrap or Roll	\$4.30
HAM & SALAD Wrap or Roll	\$4.30
Chicken & Cheese Wrap or roll (No Salad)	\$4.40
HAM & Cheese Wrap or Roll (No Salad)	\$4.40

### SIMPLE SIMON SANDWICHES

Special Sandwich Shapes with vegemite	\$3.70
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### EXTRAS

Cheese	\$0.40
Sauce	\$0.40

## \$7.50 The Famous Super Pack

2 Sausage Rolls, + Sauce, + Hedgehog or Jelly or Popcorn or Mini Muffin

Apple Juice, or Orange Juice or Plain Water or Chocolate or Strawberry Milk.

## \$6.50 Small Super Pack

Same as Above but Contains 1 x Sausage Roll.

## Pasta bake with homemade sauce and cheese. \$3.90

### HOT FOOD

Sausage Roll x 1 (with sauce)	\$2.90
Sausage Rolls x 2 (with sauce)	\$4.90
Egg & Bacon Pie	\$4.50
Mini Sweet Potato & Spinach Tart (V)	\$2.90

### MINI DIMMY PACK

5 Baked Mini Dim Sims (with Soy Sauce)	<b>\$3.90</b>
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### PIES

Beef PIE	\$4.70
Super Potato PIE	\$4.90

### BURGERS

<u>Cheeseburger</u> - Burger, Lettuce, Cheese, Sauce.	<b>\$4.50</b>
<u>Hashbrown Burger</u> - Hashbrown, Salad, Sauce.	

### SNITZY ROLL

Chicken Snitzel w/ Lettuce, Cheese and Tomato sauce	\$4.50
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### Warm Chicken Tender Wrap

Oven Baked Tender w/ Lettuce, Mayo & Cheese	\$4.50
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### Little Treats

Popcorn	\$1.90
Peckish Cheese Rice Crackers (GF)	\$1.90
Mini Choc Muffin	\$1.90
Vanilla Yoyo	\$1.90
Rainbow Jelly with Fruit (GF & DF)	\$2.30
Chocolate Hedgehog	\$2.30

### ALL Sorts of Drinks (all GF)

Plain Bottled Water -	\$1.80
Plain Milk -	\$1.90
100% Apple Juice (A/J)	\$2.00
100% Orange Juice (O/J)	\$2.00
Chocolate Milk	\$2.40
Strawberry Milk	\$2.40
Cool ridge Berry Flavoured Spring Water	\$3.50

### Family Discount for 3 Children

Place a family order for 3 Children together & get the **lowest price** lunch order 1/3 price.

NOT available with Pies or any other specials.

**ORDERS MUST BE TOGETHER TO RECEIVE DISCOUNT**



### Birthday Surprise



If it's your Birthday **in the week** you order LUNCH, Let us Know by writing "**It's My Birthday**" with your **BIRTH DATE on your bag in RED PEN.**

We will treat you with a small surprise.

**EASTWOOD ORCHARD**

SPECIALIST CATERER & EDUCATOR OF HEALTH ALTERNATIVES

Email - eastwd@bigpond.net.au

We understand that the last few days have been quite challenging for many in our School Community. The following link offers lots of information on the recovery process and where to get help in both financial and wellbeing.

If any of our families require assistance please do not hesitate to get in touch with Les, Stacey or Mark.

[https://emergency.vic.gov.au/relief/#relief\\_assistance](https://emergency.vic.gov.au/relief/#relief_assistance)

## **Chaplaincy Chat!**

There have been many families in our school community that have experienced devastating losses as a result of this terrible flood.

Shepparton East primary school is very aware of the impact that this has had on so many families and I would ask that if there are any families who require support, either emotional or material, please do not hesitate to contact the school or myself for assistance.

Shepparton East primary school is fortunate to have a partnership with food share Victoria and we are in a position to be able to offer food parcels to all families who may require support at this time.

Additionally, there will be many families who have lost furniture and white goods as a result of this terrible flood and I would ask that you please contact myself and I will do all I can to provide you with the necessary information in order for you to receive assistance in this area.

I would just like to stress how important it is to reach out for assistance if you need it. We are a resilient community but at this time we need to all pull together to support and help one another.

Take care of yourselves.

Blessings,

Mark. (School Chaplain)

0490055749