

# GLUTEN FREE LUNCH MENU

TERM 3 - 2021

Please **ONLY** Use the **Schools Large Lunch Bags** when ordering

Bags are Only available from Your School's Office.

PLEASE TAKE YOUR **LUNCH ORDER BAG** TO THE OFFICE, IF YOU HAVE ANY PROBLEMS **ON THE DAY YOU ORDER**

DONT FORGET TO WRITE **GLUTEN FREE** IN **LARGE RED LETTERS** ON YOUR BAG. 😊

## Brain Food

GF Rice Paper Rolls (with Chicken, Salad & Plum Sauce) \$4.20

Plum Dipping Sauce \$0.40

## Hot Stuff

GF Sausage Roll -double size (includes sauce) \$4.00

GF Homemade Pasta Bake (V) \$4.20

GF Beef Pie \$5.60

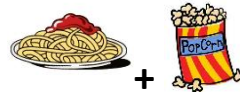
GF Sauce \$0.40

### **GF SUPER PACK \$7.80**

1 x GF Sausage Rolls & Sauce

GF Jelly or GF Popcorn

Plus Choc Milk, or Strawberry Milk, or Orange Juice or Apple Juice or Plain Water



### **HOT DEAL**

**GF Pasta & GF Popcorn**  
**\$6.00**

## Little Treats

GF Popcorn \$1.70

GF/DF Messy Monkey Burger Rings \$1.90

GF Rainbow Jelly with Jewels of Fruit \$2.20

GF YoYo \$2.20

## Drinks

Bottle Water \$1.70

Plain Milk - \$1.80

100% Apple Juice \$1.90

100% Orange Juice \$1.90

Chocolate Milk / Strawberry Milk \$2.40

Cool ridge Berry Flavoured Spring Water \$2.80



**EASTWOOD ORCHARD**

SPECIALIST CATERER & EDUCATOR OF HEALTHY ALTERNATIVES

EMAIL - [eastwd@bigpond.net.au](mailto:eastwd@bigpond.net.au)



### **Birthday Surprise**

If it's your Birthday **in the week** you order LUNCH, **write your birth date on your bag,** And we will treat you with a small surprise.

THIS CHILDRENS MENU HAS BEEN DEVELOPED TO MEET THE NATIONAL & STATE HEALTHY SCHOOLS CANTEEN GUIDELINES