



PBS Newsletter



CARING IS THE SHEPP EAST WAY!

The Term 1 Roundup

Term 1 Issue 2020

WELCOME TO OUR NEW STUDENTS

It's always an exciting time at Shepparton East when we welcome a new group of Prep students to our school. Mrs McCrae, Mrs Brennan and Madde, along with the rest of our school, have enjoyed getting to know our new Preps.

We have also welcomed some new families to our school this term and we hope that everyone has enjoyed their time settling into our school environment.



PARENT HELPER PROGRAM

Earlier this term, Mr McCrae and Mrs Willaton ran our Parent Helper information sessions. We appreciate the support this program receives from our families and the help that is given to our classes. We look forward to beginning the program next term.

CANBERRA CAMP

Our Year 6 leaders had the opportunity to attend the Canberra Camp in week 6. This is a very busy, but valuable camp. Our students visited key attractions such as Parliament House, Australian Institute of Sport, The Museum and War Memorial. We thank Mr Willaton, Mrs Chenery and Mark for supporting our students on camp.

What is PBS?

The purpose of Positive Behaviour Support (PBS) is to promote and maintain a school environment where positive behaviour is a natural choice and the norm for our students.

Why PBS?

Our PBS framework promotes a proactive approach to teaching behavioural expectations and rewarding students for following them, rather than waiting for errors to occur before responding. This ensures a consistent approach to discipline with clearly defined rules, routines and physical arrangements, which are developed and taught by school staff.

Like academic skills that have been learned initially, social skills must be regularly practised and acknowledged frequently to ensure mastery and sustained use.

How do we practise PBS?

Our approach aligns academic and behavioural systems to create an emphasis on explicitly teaching, monitoring and rewarding appropriate behaviour.

We use a behaviour matrix to teach our four values:

- Care for Yourself
- Care for Others
- Care for Your Learning
- Care for Your School

These are then separated into the following seven different settings that are relevant to Shepparton East:

- The Learning Environment
- Outside and the Playground
- Toilets
- Excursions and Bus Travel
- Eating Time
- Cyber Space
- Transitions.

PBS Principals AWARD

Each week a junior and senior student has the opportunity to be selected for a PBS Principal Award.

These recipients are chosen for displaying our school values in an exemplar way and being a positive role model for their peers.

In acknowledgment of their efforts, these students are awarded with a certificate at assembly accompanied by a custom made wristband. At the end of the term, the students are invited to a special lunch with Mr McCrae in the staffroom to celebrate their term.

Congratulations to these students who received the award in Term 1.



Raising Resilient Children

Triple P Seminar for families

At the end of 2019 we were fortunate to receive a grant from The Greater Shepparton Foundation to host a parent information Session titled "Raising Resilient Children".



Our school community and School Council have indicated that information sessions such as these help parents to promote the link between school and home. We hope that those who attended enjoyed that session and found it valuable.

We would like to take this opportunity to thank Greater Shepparton Foundation for providing this opportunity to our school and Triple P Parenting for presenting.

SHEPPARTON NEWS, FRIDAY, MARCH 6, 2020

Lessons for parents

By Morgan Dyer

Parents from Shepparton East Primary School headed back to the classroom last Wednesday to learn an important life lesson.

The school held the session for parents to help align students' home life with the framework students and teachers follow during school hours.

Hosted by company Triple P — Positive Parenting

Program, the session aimed to give parents the skills to teach their children how to manage their emotions, cope with disappointment and stress, and recognise their child's positive and negative emotions.

Acting school principal Stacey Willaton said the session linked so well with the school's matrix.

"Our four values are caring for yourself, caring for others, caring for your learning and caring for your

school," Ms Willaton said. "At the end of the session parents asked some really great questions and we have received great feedback from those who attended."

Each week students take part in a lesson that directly focuses on and gives an in-depth analysis of the school's values.

The session was made possible by a grant given to the school by the Greater Shepparton Foundation.



Our 2020 School Leaders

