

GLUTEN FREE LUNCH MENU

TERM 1 & 2 - 2020

Please **ONLY** Use the **Schools Large Lunch Bags** when ordering

Bags are Only available from Your School's Office.

PLEASE TAKE YOUR **LUNCH ORDER BAG** TO THE OFFICE, IF YOU HAVE ANY PROBLEMS **ON THE DAY YOU ORDER**

DONT FORGET TO WRITE **GLUTEN FREE** IN **LARGE RED LETTERS** ON YOUR BAG. 😊

Brain Food

GF Rice Paper Rolls (with Chicken, Salad & Plum Sauce) \$4.20

Plum Dipping Sauce \$0.40

Hot Stuff

GF Eastwood Sausage Roll (includes sauce) \$2.90

GF Homemade Pasta Bake (V) \$4.20

GF Beef Pie \$5.60

GF Sauce \$0.40

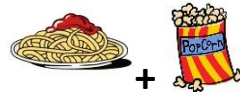
GF SUPER PACK \$7.50

2 x GF Sausage Rolls & Sauce

GF Jelly or GF Popcorn

Plus Choc Milk, or Strawberry Milk, or Orange

Juice or Apple Juice or Plain Water



HOT DEAL

GF Pasta & GF Popcorn

\$5.50

Little Treats

GF Popcorn \$1.60

GF/DF Messy Monkey Burger Rings \$1.90

GF/DF Bango – Frozen Banana Mango Smoothie (Term 1 Only) \$1.90

GF Rainbow Jelly with Jewels of Fruit \$2.10

GF YoYo \$2.20

Drinks

Bottle Water \$1.60

Plain Milk - \$1.70

100% Apple Juice \$1.90

100% Orange Juice \$1.90

Pineapple Juice \$2.00

Chocolate Milk / Strawberry Milk \$2.30

V8 Juice - Tropical \$2.40

Coolridge Berry Flavoured Spring Water \$2.60



EASTWOOD ORCHARD

SPECIALIST CATERER & EDUCATOR OF HEALTHY ALTERNATIVES

EMAIL – eastwd@bigpond.net.au



Birthday Surprise

If it's your Birthday **in the week** you order LUNCH,

write your birth date on your bag.

And we will treat you with a small surprise.

THIS CHILDRENS MENU HAS BEEN DEVELOPED TO MEET THE NATIONAL & STATE
HEALTHY SCHOOLS CANTEEN GUIDELINES